

# How to Maintain Your Skin's Beauty

## IN THE BEAUTY OF WINTER

To find out more about specific healing, rejuvenating and beauty-enhancing approaches for your individual skin type, visit [www.lilyorganics.com](http://www.lilyorganics.com).

Enjoy a cup of tea at your computer while you surf "Lily Café," an information-based link full of ideas and information. Or click the "Products" link to find out about Lily's full line of enzyme masks, sensitive skin cleansers, facial oil treatments and much more. Lily is a seventh generation American farmer, businesswoman and skin specialist dedicated to educational efforts and is happy to answer any of your questions. We welcome you to stop by online today!

Lily Organics are available at better natural health food stores and spas, including Wild Oats, Whole Foods, Vitamin Cottage and Sunflower Markets. E-mail [answers@lilyorganics.com](mailto:answers@lilyorganics.com), or call 303-455-4194 or 1-800-333-Lily (5459). Call before December 31, 2006 and receive a Sensitive Skin Trial Pack, or Dry Skin or Normal/Combination skin care pack for only \$24.95 including shipping.



Skiing on snowy weekends, sledding with the kids in the local park after school, brisk neighborhood walks in the invigorating air—late fall and early winter are indeed a season of beauty. And, indeed, a season of dry skin.

As the holiday song goes, "oh, the weather outside is frightful..." but is your skin care routine keeping your natural skin mantle/cellular level moisture pH balance...delightful?

Fortunately, for all the chilling winds that Mother Nature sends our way, she also provides plentiful solutions for moisturizing and maintaining your skin's intrinsic health. The greater the percentage of organic ingredients in your skin care preparations, the greater the benefits, according to Lily Morgan, founder of Lily Organics. "Ideally, every ingredient in your skin care product is pure and organic. Natural plant derivatives have been effectively used for thousands of years to heal, soothe, moisturize and create an environment of glowing health for every skin type."

Finding the right combination of botanicals is key. Simplifying the process is part of Lily's mission. For over 20 years, she has managed her own

certified organic herb farm under the clear Colorado skies, where her cottage industry team handcrafts a full line of organic skin care lotions, moisturizing creams, and healing oils. Batches are made and shipped fresh every week. In today's world of ever increasing synthetic products, this care and attention to purity and immediacy are rare.

But refreshingly, they do exist—along with Lily's passion for sharing knowledge with others. Her book, *Beauty, Health and Happiness—A Way of Life*, provides a wealth of information about herbal properties, and gives over 100 recipes for even making your own skin care preparations.

"Comfrey and rose hips oil help cells regenerate, increase normal lubrication and help prevent wrinkles," advises Lily. "Seaweed components function to naturally attract and hold moisture. Nature's inherent ability to balance the skin and body is profound."

And for today's modern woman who may not necessarily have or desire to spend time in the kitchen concocting skin care lotions, Lily Organics' unique proprietary formulas simplify the process even further—by doing the work for you. "Distilling and crafting time-honored organic herbal skin care blends is something my team loves to do," says Lily.

After all, she adds, "that gives busy moms, career women, and active retirees more time to be out in the beauty of nature—enjoying this sensational season!" ■

### Winter Season Dry Skin Tip from Lily

Use only non-drying cleansers (such as Lily Organics Seaweed Facial Cleanser) or gently pat your dampened face with oatmeal, massage very lightly, rinse thoroughly. Drinking herbal teas such as sarsaparilla, burdock, yellow dock and nettle can improve internal circulation, aiding in proper moisture distribution throughout the body.

