

Lily Organics Dew Fresh, Seed to Shelf Skin care!

Guaranteed Results!

For over two decades, Lily Organics, has shared our vision for sustainable living for a healthier future. We hope you find our products, not only improve the very health and glow of your skin, but that you find them life enriching.

Please be mindful, that Mother Nature is the cure for Father time tm. It is the most powerful force on the planet. We have collected the very essence and life force of the plants to bring you the most powerful skin care to get the results you want.

Turn back the clock with Mother Nature. See immediate and long lasting results! Ingredients are everything in a skin care product, there is nothing else that reduces wrinkles or acne, but the ingredients. Therefore, we must use the best ingredients on the planet. To do this, we actually grow our own ingredients to insure the cleanest product in the world. Chemical laboratories cannot duplicate Mother Nature. Synthetic chemicals cannot duplicate essential oil of Rose or Comfrey roots regenerative properties to actually regenerate your cells.

To further insure you use the best skin care available, we make our products up fresh every week!

Why use Lily Organics products?

- ***Guaranteed results***
- ***Ingredients that restore connective tissue and regenerate cell growth actually healing your skin***
- ***Guaranteed certified organic growers***
- ***Made fresh weekly to preserve active ingredients***
- ***Least carbon footprint because herbs don't have to be shipped in and no private labelers***
- ***Preserving Colorado Organic farmland***
- ***Preserving Colorado Family farms***

- **No synthetic chemicals-ever!**
- **No over packaging with extra unwanted boxes**
- **All full size packaged in glass**
- **Trial and travel size available**
- **Over 20 years selling commercially**
- **Pioneers in Organic skin care**
- **Cruelty free and no animal or petro products**
- **Philanthropists providing ongoing funds for Denver's elderly poor, supporting adopting older American kids, and providing funds for self sufficiency for Tibetans resettled in India.**

Why have a facial?

Facials clean deeply exfoliating clogged oils and flaky skin. Each step of cleansing and hydration helps to give the skin balance and aid in the natural skin regenerative process.

Why a Lily facial?

The Lily facial is an organic treat to your skin, aiding the skin's natural abilities in actual healing of the skin and helping to reknit and regrow skin cells.

We recommend the following products for normal, oily or acne prone skin.

Step 1:

Cleanse with Seaweed Balancing Facial Cleanser-Tones, detoxifies, balances and cleanses the skin.

Step 2:

Exfoliate with Rejuvenating Enzyme Mask-Diminishes fine lines and skin discoloration. Heals skin over-exposed to the sun. Exfoliates dead skin and stimulates new cell growth.

Step 3:

Tone with Balancing Facial Toner- Balances, nourishes and tones skin.

Step 4:

Moisturize with the Balancing Facial Lotion that will balance, moisturize and relax normal and combination skin or for oily or acne prone skin use Oil-Free Skin Conditioning Serum- Conditions and firms skin while it heals and moisturizes. Stimulates cell proliferation and improves skin overall performance.

Step 5:

Hydrate with Organic Rose Facial Toner- Keeps skin hydrated, moist and supple to condition skin.

Normal/Oily Skin Type

Seaweed Balancing Facial Cleanser

- A) Results- Tones, detoxifies, balances, and cleanses the skin. Treats acne leaving beautiful skin.
- B) How to Use- Shake well. Place a very small amount of cleanser in palms. Rub together and massage all over face. Splash face with warm water. Rinse and pat dry. Use with a Lily Toner and a Lily Moisturizer for maximum results. Use day and night.
- C) Ingredients- Water, seaweeds, Lily's homemade almond oil soap, pure essential oils of lavender, rosemary, sage, tea tree oil, vitamin E, Lemon juice, and citrus seed extract. Naturally Vegan.
- D) Why it Works so Well-
 - a. Handcrafted
 - b. Nothing Synthetic – Ever
 - c. Dew Fresh
 - d. Organic Herbs grown on Lily's Farm
 - e. Seaweeds are one of Nature's miracles- taken out of the sea and dried they can be reintroduced to water up to 10 years later and swell back to it's original size, they hold up to 200x their own weight in water. This does wonders for your skins composition and texture.

Balancing Facial Toner

- A) Results- Balances, nourishes, and tones the skin.
- B) How to Use- Use after cleansing with a Lily Cleanser, spray on or apply with a cotton ball. Toner may also be used throughout the day for extra toning and enjoyment. Use before a Lily Moisturizer. Use day and night.
- C) Ingredients- Purified water, aloe, witch hazel, lily flower, certified organic eucalyptus leaf, certified organic comfrey root, certified organic calendula, certified organic fennel seeds, certified organic elderberries, certified organic chamomile, certified organic lavender flowers, certified organic nettles, certified organic shave grass, certified organic coltsfoots, white

ginseng, certified organic kelp, bee propolis, kosher vegetable glycerin, citrus seed extract, and pure essentials of sage and lavender. Naturally Vegan.

D) Why it Works so Well-

- a) Purified Water-from our own artisan well
- b) Aloe-tissue restorative properties
- c) Witch Hazel- is an herbal product that individuals have used and probably do not even know it is botanical. It is great for astringents because it is very high in tannins, which are highly astringent. It is good for acne-skin, blemished skin, or just to tighten pores. However, you can have normal or dry skin and still use witch hazel.
- d) Lily Flower- a fragrant flower is part of a healing herb family. The root of the Madonna lily is used in lotions and creams to heal burns and scars without leaving a scar. The white pond-lily alleviates inflammation around the eyes. Also useful for bruise and as anti-wrinkle ingredient.
- e) Eucalyptus Leaf- the leaf of the eucalyptus tree has an antiseptic, wound healing qualities, with a cooling effect on the skin.
- f) Comfrey root –claimed by long-standing tradition to contain a considerable amount of flesh-forming substance, thus used as a cell proliferate. Helps lacerations grow back together. Therefore, a great anti-wrinkle cream ingredient.
- g) Fennels Seeds- an antiseptic botanical known for its various uses.
- h) Calendula- also known as a marigold, this flower's use dates back thousands of years for the treatment of scorpion bites in ancient Egypt, reducing inflammation almost instantly when the flower is directly applied. Beneficial for soreness and cell regeneration.
- i) Elderberries- small dark berries of the elder plant. A gently firming, astringing herb used topically on the skin.
- j) Chamomile- a remarkable botanical with anti-inflammatory action from azulene. Chamomile is useful to soothe and normalize rough skin, relieve pain, and heal wounds. Antiseptic.
- k) Lavender Flowers- lavender has an impressive number of uses both as herb and an essential oil. In aromatherapy, the essential oil is both stimulating and calming as an anti-depressant. The plant is useful in preparations for burns, bites, wounds, and rheumatic conditions, as well as being suitable for any skin type. It is a skin-cell regenerator, normalizes the flow of oil glands, is anti-bacterial, and is an antioxidant. This refreshing herb makes a relaxing bath treatment or sport massage.
- l) Nettles- an herb of the genus *Urtica*, with opposite leaves, inconspicuous, greenish, imperfect flowers, and minute stinging hairs. Nourishing nettles are packed with essential nutrients for healthy skin.
- m) Shavegrass- it is said, has been around for 350 million years. In prehistoric times, shavegrass grew as high as trees. Native Americans used bundles of shavegrass stems to scout their cooking pots. Later, cabinetmakers used shavegrass for polishing wood finishes.
- n) Coltsfoot- an herb abundant in silica, essential for connective tissue health.
- o) White Ginseng-
- p) Kelp- a seaweed with purifying, soothing, and healing abilities.
- q) Bee Propolis- healing to open, slow-healing sores, with direct

anti-bacterial activity. Inhibits microbe growth. Gathered by bees from trees to coat the opening of the hive for sterilization of all that enters. Good acne treatment.

- r) Kosher Vegetable Glycerin– a humectant that brings moisture from the air to your skin.
- s) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.
- t) Essential Oil of Lavender- is very valuable in any skin care ingredient because we always want to be fighting unwanted bacteria, keeping our products and bodies clean free from parasites. Anti-spasmodic anti-inflammatory, lavender is wonderful for skin care ingredients because it is calming and relaxing to the skin, especially skin that has been damaged, stressed, and irritated.
- u) Essential Oil of Sage-it is a stimulate to the skin and helps heal breakouts because of its cooling effects. It is effective on normal, blemished, or over-hydrated skin.

Balancing Facial Lotion

- A) Results- Balances, moisturizes and relaxes normal and combination skin.
- B) How to Use- Use after a Lily Cleanser and Toner. Apply sparingly to dry or damp skin. Use day and night.
- C) Ingredients- Water, almond oil, bee propolis, vegetable glycerin, aloe vera gel, xanthan gum, essential oil of ylang ylang, tea tree oil, rosehip seed oil, primrose oil, beeswax, lecithin, herbal tincture of lily, seaweeds, organic St. John's Wort, organic coltsfoot, organic horsetail, yarrow, arnica, myrrh, elderflowers, organic rosemary, benzoin tree gum, kelp, hectorite mineral, pure citrus seed extract. Naturally Vegan.
- D) Why it Works so Well-
 - a) Water- from our own artisan well
 - b) Almond Oil- an emollient and nourishing natural oil, softening to the skin and hair. Widely used for massage and in natural skin care products. Extracted from almond nutmeats. Aids dry skin and used as a makeup remover, massage oil, or bath oil. Use sweet almond oil as a base for homemade herbal oils and skin care products; add to shampoo to aid dry hair.
 - c) Bee Propolis- healing to open, slow-healing sores, with direct anti-bacterial activity. Inhibits microbe growth. Gathered by bees from trees to coat the opening of the hive for sterilization of all that enters. Good acne treatment.
 - d) Vegetable Glycerin–
 - e) Aloe Vera Gel- an extract from the aloe Vera plant that soothes irritated or burned skin. Anti-inflammatory and powerfully healing. A member of the lily family, it has been used through the ages in moisturizers and cell-therapy treatments because it contains biogenic stimulants and wound-healing powers.
 - f) Xanthan Gum- a polysaccharide of high molecular weight that is made by fermenting a carbohydrate with a bacterium; often used a thickener.

- g) Essential of Ylang Ylang-means “flower of flowers”. It is used as a fixative and a modifier.
- h) Tea Tree Oil- this essential oil is a powered antiseptic and anti-microbial; useful for skin eruptions and wounds.
- i) Rosehip Seed Oil- extracted from the tiny amber seed of the rosehip fruit. An expensive oil, rosehip seed is high in essential fatty acids. It helps heal burns, sunburn, and acne scars, reduces wrinkles, and helps skin look smooth and vital. Clinical research in South America has indicated that this oil can be effective in reducing the early signs of aging, wounds and adding luster, or applied to damaged hair as a hot-oil treatment to repair and revitalize.
- j) Primrose Oil- an expensive, highly revered oil derived from the evening primrose plant’s seeds, this substance treats skin with a variety of essential fatty acids. High in essential fatty acids including the rare gamma-linolenic acid (GLA), which occurs only in a few plants and in mother’s milk. Can be used alone or added to other oils to moisturize skin and help skin conditions such as eczema.
- k) Beeswax- an emollient and thickener in many products, it is obtained from the honeycomb of the bee’s hive.
- l) Lecithin-found in egg yolks, corn, and soybeans, lecithin is a fatty powder. It is used in creams as a natural phospholipids emulsifier. Wonderfully emollient on the skin and an antioxidant.
- m) Herbal Tincture of Lily-
- n) Seaweeds -are one of Nature’s miracles- taken out of the sea and dried they can be reintroduced to water up to 10 years later and swell back to it’s original size, they hold up to 200x there own weight in water. This does wonders for your skins composition and texture making.
- o) St. John’s Wort- a plant used as a general healing agent , St. John’s wort smoothes chapped skin and wrinkles.
- p) Coltsfoot- an herb abundant in silica, essential for connective tissue health.
- q) Horsetail- an herb with exceptional silica content, it is vital to the elasticity of the skin. It lends its texturizing ability to the silica, which is like a collagen to the skin, except in vegetable form.
- r) Yarrow- a plant that promotes skin circulation and opens skin pores. Used as an astringent; also anti-inflammatory.
- s) Arnica- soothes skin externally, relaxes stiff muscles, relieves pain, inflammation, and bruising. Anti-varicose and anti-blotchiness.
- t) Myrrh- infection-fighting myrrh possesses antiseptic, anti-microbial, and anti-inflammatory agents and is able to reduce oiliness and cool the skin.
- u) Elderflowers-
- v) Rosemary- an antiseptic herb, rosemary purifies and tones the complexion and is helpful in cases of acne.
- w) Benzoin Tree Gum- this tree gum has antiseptic, astringent, and possibly preservative characteristics.
- x) Kelp- a seaweed with purifying, soothing, and healing abilities.
- y) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Oil Free Skin Conditioning Serum

- A) **Results-** Conditions and firms skin while it heals and moisturizes. Stimulates cell proliferation and improves skin performance.
- B) **How to Use-** Use after a Lily Cleanser and Toner. Apply sparingly to dry or damp skin. Use as a light oil free moisturizer to condition the skin. Use day and night.
- C) **Ingredients-** Aloe vera gel, water herbal complex of seaweeds, purified water, vegetable glycerin, tincture of lily, certified organic chamomile, certified organic St. John's Wort, feverfew, certified organic calendula, certified organic comfrey, hops, certified organic horsetail, certified organic rosemary, arnica, xanthan gum, and citrus seed extract and essential oils.
- D) **Why it Works so Well-**
 - a) **Aloe Vera Gel-** an extract from the aloe Vera plant that soothes irritated or burned skin. Anti-inflammatory and powerfully healing. A member of the lily family, it has been used through the ages in moisturizers and cell-therapy treatments because it contains biogenic stimulates and wound-healing powers.
 - b) **Water Herbal Complex of Seaweeds-**
 - c) **Purified Water-**from our own artesian well
 - d) **Vegetable Glycerin-** humctant
 - e) **Tincture of Lily-** anti-inflammatory
 - f) **Chamomile-** a remarkable botanical with anti-inflammatory action from azulene. Chamomile is useful to soothe and normalize rough skin, relieve pain, and heal wounds. Antiseptic.
 - g) **Organic St. John's Wort-** a plant used as a general healing agent , St. John's wort smoothes chapped skin and wrinkles.
 - h) **Feverfew-** known to relieve swelling, this herb softens and desensitizes the skin.
 - i) **Calendula-** also known as a marigold, this flower's use dates back thousands of years for the treatment of scorpion bites in ancient Egypt, reducing inflammation almost instantly when the flower is directly applied. Beneficial for soreness and cell regeneration.
 - j) **Comfrey-**
 - k) **Hops-** this herb possesses several valuable skin-enhancing properties; soothing, toning, anti-inflammatory, and anti-microbial. Important in treating psoriasis and eczema.
 - l) **Horsetail-** an herb with exceptional silica content, it is vital to the elasticity of the skin. It lends its texturizing ability to the silica, which is like a collagen to the skin, except in vegetable form.
 - m) **Rosemary-** an antiseptic herb, rosemary purifies and tones the complexion and is helpful in cases of acne.
 - n) **Arnica-** soothes skin externally, relaxes stiff muscles, relieves pain, inflammation, and bruising. Anti-varicose and anti-blotchiness.
 - o) **Xanthan Gum-** a polysaccharide of high molecular weight that is made by fermenting a carbohydrate with a bacterium; often used a thickener.
 - p) **Citrus Seed Extract-** natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.
 - q) **Essential Oils-**

Rejuvenating Enzyme Mask

- A) **Results**- Helps to diminish fine lines and skin discoloration. Heals skin over-exposed to the sun. Exfoliates dead skin and stimulates new cell growth.
- B) **How to Use**- To regenerate skin, use everyday. Apply mask on clean, dry skin all over face and neck area. Use after a Lily Cleanser and before a Lily Toner and Moisturizer.
- C) **Ingredients**- Honey, papaya, pineapple, certified organic comfrey, lily, horsetail, mint, vitamins E and C, citrus seed extract.
- D) **Why it Works so Well**-
- a) **Honey**- this amazing bee product has many uses in healthy skin care. It has powerful, wound-healing abilities is a humectant (draws moisture from the air to the skin).
 - b) **Papaya**-this tropical fruit contains a known protein-digestive enzyme that, when applied externally, softens the skin by eliminating dead cell buildup. Also an effective antioxidant, slowing down free-radical damage to skin. One of the best ingredients for exfoliation of the skin. It literally eats the dead skin that dulls the complexion and revitalizes the new skin underneath. The papaya's enzyme papain, like bromelain, has powerful protein digestive abilities that aid greatly to clear up a sluggish or muddy complexion. Papaya and pineapple are the best exfoliates used directly and freshly.
 - c) **Pineapple** – the proteolytic (protein-digestive) enzyme bromelain, similar to papain, contained in this fruit makes it a superb skin softener, especially in combination with papaya. Lily uses pineapple juice in our Rejuvenating Enzyme Mask; it is perfect used with honey and herbs such as mint and comfrey, especially if mixed with vitamins A, C and E. Can be used alone for oily skin and/or acne. Dilute it with water or an herbal tea or infusion, or use alone and apply directly to the skin, leaving it on for 10 to 20 minutes instead of using a glycolic acid or similar product. It is highly acidic and can be used as an ingredient in many homemade products.
 - d) **Comfrey**-
 - e) **Lily**- a fragrant flower is part of a healing herb family. The root of the Madonna lily is used in lotions and creams to heal burns and scars without leaving a scar. The white pond-lily alleviates inflammation around the eyes. Also useful for bruises and as anti-wrinkle ingredient.
 - f) **Horsetail**- an herb with exceptional silica content, it is vital to the elasticity of the skin. It lends its texturizing ability to the silica, which is like a collagen to the skin, except in vegetable form.
 - g) **Mint**- a plant that is traditionally used to soothe and cool the skin. It also “wakes up” skin with its antiseptic and stimulating action.
 - h) **Vitamin E**- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing when applied to a wound. Vitamin E oil also softens and lubricates the skin.
 - i) **Vitamin C**- a.k.a. ascorbic acid; water soluble; found in fresh fruits and vegetables. It is used as part of a preservation system in body care performance of the connective tissue.
 - j) **Citrus Seed Extract**- natural preservative made from the seeds or

the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Dry/Mature Skin Type

We recommend the following products for Dry/Mature Skin Type

Step 1:

Cleanse with Nourishing Facial Cleanser-Cleans and nourishes the skin without drying.

Step 2:

Exfoliate with Rejuvenating Enzyme Mask- Helps to diminish fine lines and skin discoloration. Heals skin over-exposed to the sun. Exfoliates dead skin and stimulates new cell growth.

Step 3 :

Tone with Organic Rose Facial Toner- Keeps skin hydrated, moist and supple to prevent lines and dryness all day long. Tones, conditions and regenerates skin.

Step 4:

Moisturize with Seven Facial Rejuvenating Oil Treatment-Re-knits collagen and reduces wrinkles and the appearance of dry lines.

Or, moisturize with Organic Moisturizing Cream-Balances and moisturizes skin and protects skin from harsh elements of arid climates.

Or, moisturize with Organic Lavender Moisturizing Cream-Heals, balances, nourishes and moisturizes skin. Helps diminish dryness that causes wrinkles.

Step 5:

Hydrate with Organic moisture mist with ylang ylang an essential oil that is highly anti-inflammatory and relaxes

stressed skin. Pure kosher vegetable glycerin is a humectant that brings moisture from the air all day.

Nourishing Facial Cleanser

- A) Results- Cleans and nourishes the skin without drying.
- B) How to Use- Shake Well. Place a very small amount of cleanser in palms. Rub together and massage all over face. Splash face with warm water. Rinse and pat dry. Use with a Lily Toner and Moisturizer for maximum results. Use day and night.
- C) Ingredients- Lily's homemade almond oil soap, Lily flower extract, kosher vegetable glycerin, Irish moss, witch hazel, lemon juice, essential oils of lavender, sage, tea tree oil, rosemary, camphor, and vitamin E.
- D) Why it Works so Well
 - a) Lily's Homemade Almond Oil Soap-
 - b) Lily Flower Extract-
 - c) Kosher Vegetable Glycerin-
 - d) Irish Moss-
 - e) Witch Hazel- is an herbal product that individuals have used and probably do not even know it is botanical. It is great for astringents because it is very high in tannins, which are highly astringent. It is good for acne-skin, blemished skin, or just to tighten pores. However, you can have normal or dry skin and still use witch hazel.
 - f) Lemon Juice-
 - g) Essential Oil of Lavender- is very valuable in any skin care ingredient because we always want to be fighting unwanted bacteria, keeping our products and bodies clean free from parasites. Anti-spasmodic anti-inflammatory, lavender is wonderful for skin care ingredients because it is calming and relaxing to the skin, especially skin that has been damaged, stressed, and irritated.
 - h) Essential Oil of Sage-it is a stimulate to the skin and helps heal breakouts because of its cooling effects. It is effective on normal, blemished, or over-hydrated skin.
 - i) Tea Tree Oil- this essential oil is a powered antiseptic and anti-microbial; useful for skin eruptions and wounds.
 - j) Essential Oil of Rosemary-an antiseptic, anti-spasmodic, and an acid for baldness, rosemary is widely used in skin and hair care products. Rosemary Oil is camphoraceous (i.e., contains camphor) and blends well with peppermint and lavender. It is eye opening and invigorating as a bath oil.
 - k) Essential Oil of Camphor-is an anti-inflammatory, helps stimulate the skin, reduces pain, and acts as a sedative. A gum, it is a very soothing ingredient at low levels in skin care products. It makes a nice addition to many perfumes and calms the mind. It is used to reduce tired and sore muscles. It is excellent in cleansers or its clean and classic scent.
 - l) Vitamin E Oil- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing when applied to a wound. Vitamin E oil also softens and lubricates the skin.

Organic Rose Facial Toner

- A) **Results-** Keeps skin hydrated, moist and supple to prevent lines and dryness all day. Tones, conditions and regenerates aging skin.
- B) **How to Use-** Use after cleansing with a Lily Cleanser. Spray on or apply with a cotton ball. Apply several times a day to condition and moisturize skin. Use before and after a Lily Moisturizer. Use day and night.
- C) **Ingredients-** Purified water, organic rose bud tincture, kosher vegetable glycerin, pure essential oil of rose.
- D) **Why it Works so Well-**
 - a) **Purified Water-** from our own artesian well
 - b) **Organics Rose Bud Tincture-** with essential oil of rose
 - c) **Kosher Vegetable Glycerin-**a humectant
 - d) **Pure Essential Oil of Rose-** rose is perfect for all skin types; supersensitive, mature, and dry. Because it is an astringent and cleansing, oily and younger skins also seems to benefit from its use. As one of the most antiseptic oils, it has a soothing, cleansing, and toning effect on the skin.

Organic Moisturizing Cream

- A) **Results-** Balances and moisturizes skin and protects skin from harsh elements if arid climates.
- B) **How to Use-** Use after a Lily Cleanser and Lily's Facial Rose Toner. Apply sparingly to dry or damp skin. Use day and night.
- C) **Ingredients-** Purified water, sweet almond oil, lily extract, aloe vera gel, shea butter, seaweeds, beeswax, rosehip seed oil, primrose oil, tinctures of the following herbs: certified organic St John's Wort, certified organic coltsfoot, certified organic horsetail, yarrow, arnica, myrrh, elderflowers, certified organic rosemary, benzoin tree gum, kosher vegetable glycerin, bee propolis, hectorite mineral, horse-chestnut, citrus seed extract, tea tree oil, essential oil of ylang ylang.
- D) **Why it Works so Well-**
 - a) **Purified Water-**from our own artisan well
 - b) **Sweet Almond Oil-** an emollient and nourishing natural oil, softening to the skin and hair. Widely used for massage and in natural skin care products. Extracted from almond nutmeats. Aids dry skin and used as a makeup remover, massage oil, or bath oil. Use sweet almond oil as a base for homemade herbal oils and skin care products; add to shampoo to aid dry hair.
 - c) **Lily Extract-** anti-inflammatory
 - d) **Aloe Vera Gel-** an extract from the aloe Vera plant that soothes irritated or burned skin. Anti-inflammatory and powerfully healing. A member of the lily family, it has been used through the ages in moisturizers and cell-therapy treatments because it contains biogenic stimulates and wound-healing powers.
 - e) **Shea Butter-** a.k.a. karite and African butter; a superior skin care ingredient from the nut of an African tree. The same consistency of butter, it melts at body temperature. A mild sunscreen, a perfect replacement for beeswax for vegans. Used as an emollient, wrinkle remover, and skin softener. The African plant

- butter imparts an exotic, silky feel to skin care products and elasticizes the skin, increasing the suppleness.
- f) Seaweeds- are one of Nature's miracles- taken out of the sea and dried they can be reintroduced to water up to 10 years later and swell back to it's original size, they hold up to 200x there own weight in water. This does wonders for your skins composition and texture.
 - g) Beeswax- an emollient and thickener in many products, it is obtained from the honeycomb of the bee's hive.
 - h) Rosehip Seed Oil- extracted from the tiny amber seed of the rosehip fruit. An expensive oil, rosehip seed is high in essential fatty acids. It helps heal burns, sunburn, and acne scars, reduces wrinkles, and helps skin look smooth and vital. Clinical research in South America has indicated that this oil can be effective in reducing the early signs of aging, wound and add luster, or applied to damaged hair as a hot-oil treatment to repair and revitalize.
 - i) Primrose Oil- an expensive, highly revered oil derived from the evening primrose plant's seeds, this substance treats skin with a variety of essential fatty acids. High in essential fatty acids including the rare gamma-linolenic acid (GLA), which occurs only in a few plants and in mother's milk. Can be used alone or added to other oils to moisturize skin and help skin conditions such as eczema.
 - j) Tincture of St John's Wort-relaxes stressed skin
 - k) Tincture of Coltsfoot-high in silica to regrow skin
 - l) Tincture of Horsetail-high in silica to regrow skin
 - m) Tincture of Yarrow-healing to skin
 - n) Tincture of Arnica-heals bruised skin
 - o) Tincture of Myrrh-healing
 - p) Tincture of Elderflowers-healing to skin
 - q) Tincture of Rosemary-anti-inflammatory
 - r) Benzoin Tree Gum- this tree gum has antiseptic, astringent, and possibly preservative characteristics.
 - s) Kosher Vegetable Glycerin-humectant
 - t) Bee Propolis- healing to open, slow-healing sores, with direct anti-bacterial activity. Inhibits microbe growth. Gathered by bees from trees to coat the opening of the hive for sterilization of all that enters. Good acne treatment.
 - u) Hectorite Mineral- a clay usually from volcanic origin. It is used as an emulsifier in natural products and as a natural emulsifying and binding agent in cosmetics.
 - v) Horse Chestnut- has a positive effect on all skin it is applied to, so it is a perfect ingredient in astringents. It contracts the skin and is, therefore, especially valuable for people with enlarged pores. Because it is very soothing and moisturizing to the skin it is a benefit in any lotion or cream. It is also found in many anti-cellulite and cell-rejuvenation products. It is useful in lotions and for sensitive skin and products that lighten the skin.
 - w) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.
 - x) Tea Tree Oil- this essential oil is a powered antiseptic and anti-microbial; useful for skin eruptions and wounds.
 - y) Essential of Ylang Ylang-means "flower of flowers". It is used as a fixative and a modifier.

Organic Lavender Moisturizing Cream

- A) Results- Heals, balances, nourishes and moisturizes skin. Helps diminish dryness that causes wrinkles.
- B) How to Use- Use after a Lily Cleanser and Toner. Apply sparingly on dry or damp skin. Use day and night.
- C) Ingredients- Organic lavender flower tincture, sweet almond oil, shea butter, kosher vegetable glycerin, Lily flower extract, xanthan gum, essential oil of lavender, lecithin, soy protein, citrus seed extract.
- D) Why it Works so Well- Organic lavender
 - a) Lavender Flower Tincture- wonderful flower for beauty
 - b) Sweet Almond Oil- an emollient and nourishing natural oil, softening to the skin and hair. Widely used for massage and in natural skin care products. Extracted from almond nutmeats. Aids dry skin and used as a makeup remover, massage oil, or bath oil. Use sweet almond oil as a base for homemade herbal oils and skin care products; add to shampoo to aid dry hair.
 - c) Shea Butter- a.k.a. karite and African butter; a superior skin care ingredient from the nut of an African tree. The same consistency of butter, it melts at body temperature. A mild sunscreen, a perfect replacement for beeswax for vegans. Used as an emollient, wrinkle remover, and skin softener. The African plant butter imparts an exotic, silky feel to skin care products and elasticizes the skin, increasing the suppleness.
 - d) Kosher Vegetable Glycerin-
 - e) Lily Flower Extract-
 - f) Xanthan Gum- a polysaccharide of high molecular weight that is made by fermenting a carbohydrate with a bacterium; often used a thickener.
 - g) Essential Oil of Lavender- is very valuable in any skin care ingredient because we always want to be fighting unwanted bacteria, keeping our products and bodies clean free from parasites. Anti-spasmodic anti-inflammatory, lavender is wonderful for skin care ingredients because it is calming and relaxing to the skin, especially skin that has been damaged, stressed, and irritated.
 - h) Lecithin-found in egg yolks, corn, and soybeans, lecithin is a fatty powder. It is used in creams as a natural phospholipids emulsifier. Wonderfully emollient on the skin and an antioxidant.
 - i) Soy Protein-
 - j) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Seven Facial Rejuvenating Oil Treatment

- A) Results- Re-knits collagen and reduces wrinkles and the appearance of dry lines.
- B) How to Use- Use after a Lily Cleanser and Toner. Can be re-applied several times daily

to dry or damp skin. Wonderful to use in conjunction with Lily Organic Moisture Mist and/or Organic Rose Facial Toner. Use day and night.

- C) Ingredients- Sweet almond oil, kukui oil, wheat germ oil, vitamin E oil, primrose oil, essential oil of lavender, rosehip seed oil.
- D) Why it Works so Well- A blend of the finest oils on the planet for the skin
 - a) Sweet Almond Oil- an emollient and nourishing natural oil, softening to the skin and hair. Widely used for massage and in natural skin care products. Extracted from almond nutmeats. Aids dry skin and used as a makeup remover, massage oil, or bath oil. Use sweet almond oil as a base for homemade herbal oils and skin care products; add to shampoo to aid dry hair.
 - b) Kukui Oil- an oil derived from the Hawaiian kukui nut. This light, non-greasy emollient is rich in essential fatty acids that produce healthy skin. It is a great facial oil. Kukui smoothes and softens irritated skin and treats superficial burns and chapped skin. It can be used after sunning and as a hot-oil treatment for hair.
 - c) Wheat Germ Oil- a vitamin-packed rescue for dry skin, especially for dryness resulting from exposure to harsh elements. Extracted from the heart of the wheat kernel. Nourishes and softens skin and makes it resilient, smoothes wrinkles and softens cuticles. Can be added to facial masks and bath oils to help heal dry skin.
 - d) Vitamin E Oil- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing when applied to a wound. Vitamin E oil also softens and lubricates the skin.
 - e) Primrose Oil- an expensive, highly revered oil derived from the evening primrose plant's seeds, this substance treats skin with a variety of essential fatty acids. High in essential fatty acids including the rare gamma-linolenic acid (GLA), which occurs only in a few plants and in mother's milk. Can be used alone or added to other oils to moisturize skin and help skin conditions such as eczema.
 - f) Essential Oil of Lavender- is very valuable in any skin care ingredient because we always want to be fighting unwanted bacteria, keeping our products and bodies clean free from parasites. Anti-spasmodic anti-inflammatory, lavender is wonderful for skin care ingredients because it is calming and relaxing to the skin, especially skin that has been damaged, stressed, and irritated.
 - g) Rosehip Seed Oil- extracted from the tiny amber seed of the rosehip fruit. An expensive oil, rosehip seed is high in essential fatty acids. It helps heal burns, sunburn, and acne scars, reduces wrinkles, and helps skin look smooth and vital. Clinical research in South America has indicated that this oil can be effective in reducing the early signs of aging, wounds and adding luster, or applied to damaged hair as a hot-oil treatment to repair and revitalize.

Rejuvenating Enzyme Mask

- A) Results- Helps to diminish fine lines and skin discoloration. Heals skin over-exposed to the sun. Exfoliates dead skin and stimulates new cell growth.
- B) How to Use- To regenerate skin, use everyday. Apply mask on clean, dry skin all over face and neck area. Use after a Lily Cleanser and before a Lily Toner and Moisturizer.
- C) Ingredients- Honey, papaya, pineapple, certified organic comfrey,

lily, horsetail, mint, vitamins E and C, citrus seed extract.

- D) Why it Works so Well-This amazing masks uses protein digestive enzymes
- a) Honey- this amazing bee product has many used in healthy skin care. It has powerful, wound-healing abilities is a humectants (draws moisture from the air to the skin).
 - b) Papaya-this tropical fruit contains a known protein-digestive enzyme that, when applied externally, softens the skin by eliminating dead cell buildup. Also an effective antioxidant, slowing down free-radical damage to skin. One of the best ingredients for exfoliation of the skin. It literally eats the dead skin that dulls the complexion and revitalizes the new skin underneath. The papaya's enzyme papain, like bromelain, has powerful protein digestive abilities that aid greatly to clear up a sluggish or muddy complexion. Papaya and pineapple are the best exfoliates used directly and freshly.
 - c) Pineapple – the proteolytic (protein-digestive) enzyme bromelain, similar to papain, contained in this fruit makes it a superb skin softener, especially in combination with papaya. Lily uses pineapple juice in our Rejuvenating Enzyme Mask; it is perfect used with honey and herbs such as mint and comfrey, especially if mixed with vitamins A, C and E. Can be used alone for oily skin and/or acne. Dilute it with water or an herbal tea or infusion, or use alone and apply directly to the skin, leaving it on for 10 to 20 minutes instead of using a glycolic acid or similar product. It is highly acidic and can be used as an ingredient in many homemade products.
 - d) Comfrey-re-knits collagen
 - e) Lily- a fragrant flower is part of a healing herb family. The root of the Madonna lily is used in lotions and creams to heal burns and scars without leaving a scar. The white pond-lily alleviates inflammation around the eyes. Also useful for bruise and as anti-wrinkle ingredient.
 - f) Horsetail- an herb with exceptional silica content, it is vital to the elasticity of the skin. It lends its texturizing ability to the silica, which is like a collagen to the skin, except in vegetable form.
 - g) Mint- a plant that is traditionally used to soothe and cool the skin. It also “wakes up” skin with its antiseptic and stimulating action.
 - h) Vitamin E- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing when applied to a wound. Vitamin E oil also softens and lubricates the skin.
 - i) Vitamin C- a.k.a. ascorbic acid; water soluble; found in fresh fruits and vegetables. It is used a part of a preservation system in body care performance of the connective tissue.
 - j) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Sensitive Skin Type/Unscented

We recommend the following products for Sensitive Skin Type/Unscented

Step 1:

Cleanse with Sensitive Facial Cleanser (Unscented)- Guaranteed non-irritating for super sensitive skin. Gently removes dirt and debris.

Step 2:

Exfoliate with Rejuvenating Enzyme Mask- Helps to diminish fine lines and skin discoloration. Exfoliates dead skin and stimulates new cell growth.

Step 3:

Tone with Sensitive Facial Organic Toner (Unscented)- Guaranteed non irritating. Provides nourishment, toning and tightening of pores and adds new luster to sensitive skin.

Step 4:

Moisturize with Sensitive Skin Moisturizing Cream (Unscented)- Smoothes, nourishes and moisturizes sensitive skin. Helps prevent dryness that causes lines and premature aging.

Step 5:

Hydrate with Organic Moisture Mist with essential oils of ylang ylang and lavender for an all day luxurious hydration.

Sensitive Facial Cleanser

- A) Results- Guaranteed non-irritating for super sensitive skin. Gently removes dirt and debris.
- B) How to Use- Shake Well. Place a very small amount of cleanser in palms. Rub together and massage all over face. Splash face with warm water. Rinse and pat dry. Use with Lily Sensitive Skin Toner

- and Lily Sensitive Skin Cream for maximum results. Use day and night.
- C) Ingredients- Lily's homemade almond oil soap, kosher vegetable glycerin, tincture of Lily flower and organic comfrey root.
- D) Why it Works so Well-
- Lily's Homemade Almond Oil Soap-
 - Kosher Vegetable Glycerin-
 - Tincture of Lily Flower-
 - Comfrey root –claimed by long-standing tradition to contain a considerable amount of flesh-forming substance, thus used as a cell proliferate. Helps lacerations grow back together. There fore, a great anti-wrinkle cream ingredient.

Sensitive Facial Organic Toner

- A) Results- Never irritates skin. Provides nourishment, toning and tightening of pores and adds new luster to sensitive skin.
- B) How to Use- Use after cleansing with Lily Sensitive Skin Cleanser. Spray on or apply with a cotton ball. Toner may also be used throughout the day for extra toning and enjoyment. Use before Lily Sensitive Skin Moisturizer. Use day and night.
- C) Ingredients- Purified water, tincture of certified organic eucalyptus leaf, certified organic comfrey root, certified organic fennel seeds, certified organic calendula, certified organic elderberries, certified organic chamomile, certified organic coltsfoot, kosher vegetable glycerin.
- D) Why it Works so Well-unscented
- Purified Water-from our own artesian well
 - Tincture of Eucalyptus Leaf- antiseptic
 - Comfrey root –claimed by long-standing tradition to contain a considerable amount of flesh-forming substance, thus used as a cell proliferate. Helps lacerations grow back together. There fore, a great anti-wrinkle cream ingredient.
 - Fennels Seeds- an antiseptic botanical known for its varies uses.
 - Calendula- also known as a marigold, this flower's use dates back thousands of years for the treatment of scorpion bites in ancient Egypt, reducing inflammation almost instantly when the flower is directly applied. Beneficial for soreness and cell regeneration.
 - Elderberries- small dark berries of the elder plant. A gently firming, astringing herb used topically on the skin.
 - Chamomile- a remarkable botanical with anti-inflammatory action from azulene. Chamomile is useful to soothe and normalize rough skin, relieve pain, and heal wounds. Antiseptic.
 - Coltsfoot- an herb abundant in silica, essential for connective tissue health.
 - Kosher Vegetable Glycerin-a humectant.

Sensitive Skin Moisturizing Cream

- A) Results- Guaranteed non-irritating. Smoothes, nourishes and moisturizes sensitive skin. Helps prevent lines caused by premature aging.
- B) How to Use- Use after Lily's Sensitive Facial Cleanser and Lily's Sensitive Facial Toner. Apply sparingly on dry or damp skin. Use

- day and night.
- C) Ingredients- Purified water, sweet almond oil, shea butter, kosher vegetable glycerin, tincture of lily flower, xanthan gum, lecithin, soy protein, hectorite mineral, citrus seed extract.
- D) Why it Works so Well-
- a) Purified Water-from our own artisan well from the Arapahoe aquifer
 - b) Sweet Almond Oil- an emollient and nourishing natural oil, softening to the skin and hair. Widely used for massage and in natural skin care products. Extracted from almond nutmeats. Aids dry skin and used as a makeup remover, massage oil, or bath oil. Use sweet almond oil as a base for homemade herbal oils and skin care products; add to shampoo to aid dry hair.
 - c) Shea Butter- a.k.a. karite and African butter; a superior skin care ingredient from the nut of an African tree. The same consistency of butter, it melts at body temperature. A mild sunscreen, a perfect replacement for beeswax for vegans. Used as an emollient, wrinkle remover, and skin softener. The African plant butter imparts an exotic, silky feel to skin care products and elasticizes the skin, increasing the suppleness.
 - d) Kosher Vegetable Glycerin- a humectant.
 - e) Tincture of Lily Flower-see above and below
 - f) Xanthan Gum- a polysaccharide of high molecular weight that is made by fermenting a carbohydrate with a bacterium; often used a thickener.
 - g) Lecithin-found in egg yolks, corn, and soybeans, lecithin is a fatty powder. It is used in creams as a natural phospholipids emulsifier. Wonderfully emollient on the skin and an antioxidant.
 - h) Soy Protein-
 - i) Hectorite Mineral- a clay usually from volcanic origin. It is used as an emulsifier in natural products and as a natural emulsifying and binding agent in cosmetics.
 - j) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Kukui Sensitive Facial Oil Treatment

- A) Results- This highly penetrating oil prevents premature aging.
- B) How to Use- Use after a Lily Cleanser and Toner. Apply up to several times a day all over face. Great to mix with Lily Toner before applying. Use day and night.
- C) Ingredients- Pure Hawaiian kukui nut oil, lily, Vitamins A, C, and E.
- D) Why it Works so Well- Kukui is a healing oil.
 - a) Kukui Oil- an oil derived from the Hawaiian kukui nut. This light, non-greasy emollient is rich in essential fatty acids that produce healthy skin. It is a great facial oil. Kukui smoothes and softens irritated skin and treats superficial burns and chapped skin. It can be used after sunning and as a hot-oil treatment for hair.
 - b) Lily- a fragrant flower is part of a healing herb family. The root of the Madonna lily is used in lotions and creams to heal burns and scars without leaving a scar. The white pond-lily alleviates inflammation around the eyes. Also useful for bruises and as anti-wrinkle ingredient.

- c) Vitamin A-a.k.a. retinyl and retinol; fat soluble; found in carrots, green vegetables, and yellow fruits. Used as an antioxidant and in a natural preservative system with grapefruit seed extract and vitamins C and E.
- d) Vitamin E- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing when applied to a wound. Vitamin E oil also softens and lubricates the skin.
- e) Vitamin C- a.k.a. ascorbic acid; water soluble; found in fresh fruits and vegetables. It is used a part of a preservation system in body care performance of the connective tissue.

Rejuvenating Enzyme Mask

- A) Results- Helps to diminish fine lines and skin discoloration. Heals skin over-exposed to the sun. Exfoliates dead skin and stimulates new cell growth.
- B) How to Use- To regenerate skin, use everyday. Apply mask on clean, dry skin all over face and neck area. Use after a Lily Cleanser and before a Lily Toner and Moisturizer.
- C) Ingredients- Honey, papaya, pineapple, certified organic comfrey, lily, horsetail, mint, vitamins E and C, citrus seed extract.
- D) Why it Works so Well-
 - a) Honey- this amazing bee product has many uses in healthy skin care. It has powerful, wound-healing abilities and is a humectant (draws moisture from the air to the skin).
 - b) Papaya-this tropical fruit contains a known protein-digestive enzyme that, when applied externally, softens the skin by eliminating dead cell buildup. Also an effective antioxidant, slowing down free-radical damage to skin. One of the best ingredients for exfoliation of the skin. It literally eats the dead skin that dulls the complexion and revitalizes the new skin underneath. The papaya's enzyme papain, like bromelain, has powerful protein digestive abilities that aid greatly to clear up a sluggish or muddy complexion. Papaya and pineapple are the best exfoliators used directly and freshly.
 - c) Pineapple – the proteolytic (protein-digestive) enzyme bromelain, similar to papain, contained in this fruit makes it a superb skin softener, especially in combination with papaya. Lily uses pineapple juice in our Rejuvenating Enzyme Mask; it is perfect used with honey and herbs such as mint and comfrey, especially if mixed with vitamins A, C and E. Can be used alone for oily skin and/or acne. Dilute it with water or an herbal tea or infusion, or use alone and apply directly to the skin, leaving it on for 10 to 20 minutes instead of using a glycolic acid or similar product. It is highly acidic and can be used as an ingredient in many homemade products.
 - d) Comfrey-
 - e) Lily- a fragrant flower is part of a healing herb family. The root of the Madonna lily is used in lotions and creams to heal burns and scars without leaving a scar. The white pond-lily alleviates inflammation around the eyes. Also useful for bruises and as an anti-wrinkle ingredient.
 - f) Horsetail- an herb with exceptional silica content, it is vital to the elasticity of the skin. It lends its texturizing ability to the silica, which is like a collagen to the skin, except in vegetable form.

- g) Mint- a plant that is traditionally used to soothe and cool the skin. It also “wakes up” skin with its antiseptic and stimulating action.
- h) Vitamin E- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing when applied to a wound. Vitamin E oil also softens and lubricates the skin.
- i) Vitamin C- a.k.a. ascorbic acid; water soluble; found in fresh fruits and vegetables. It is used a part of a preservation system in body care performance of the connective tissue.
- j) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Great for all Skin Types

Organic Moisture Mist

- A) Results- Keeps skin moist, hydrated and supple. Prevents lines and dryness.
- B) How to Use- Use after a Lily Cleanser and Toner or can use as a toner. Use after applying a Lily Moisturizer. Spray several times a day to continuously hydrate the skin. Use with all other Lily products. Use day and night.
- C) Ingredients- Purified water, certified organic comfrey, seaweeds, lily, certified organic chamomile, certified organic calendula, and kosher vegetable glycerin, essential oils of ylang ylang and lavender, and pure citrus seed extract.
- D) Why it Works so Well-
 - a) Purified Water-from our own artisan well
 - b) Comfrey-helps your skin cells duplicate
 - c) Seaweeds- are one of Nature’s miracles- taken out of the sea and dried they can be reintroduced to water up to 10 years later and swell back to it’s original size, they hold up to 200x their own weight in water. This does wonders for your skins composition and texture.
 - d) Lily- a fragrant flower is part of a healing herb family. The root of the Madonna lily is used in lotions and creams to heal burns and scars without leaving a scar. The white pond-lily alleviates inflammation around the eyes. Also useful for bruise and as anti-wrinkle ingredient.
 - e) Chamomile- a remarkable botanical with anti-inflammatory action from azulene. Chamomile is useful to soothe and normalize rough skin, relieve pain, and heal wounds. Antiseptic.
 - f) Calendula- also known as a marigold, this flower’s use dates back thousands of years for the treatment of scorpion bites in ancient Egypt, reducing inflammation almost instantly when the flower is directly applied. Beneficial for soreness and cell regeneration.
 - g) Kosher Vegetable Glycerin-
 - h) Essential of Ylang Ylang-means “flower of flowers”. It is used as a fixative and a modifier.

- i) Essential Oil of Lavender- is very valuable in any skin care ingredient because we always want to be fighting unwanted bacteria, keeping our products and bodies clean free from parasites. Anti-spasmodic anti-inflammatory, lavender is wonderful for skin care ingredients because it is calming and relaxing to the skin, especially skin that has been damaged, stressed, and irritated.
- j) Citrus Seed Extract- natural preservative made from the seeds or the fruit, glycerin, and an UV light process. An anti-microbial solution that, when used in small proportions and sometimes combined with essential oils and vitamins A,C, and E, is a reliable preservative for botanical products.

Kissable Lips

- A) Results- Moist lips ready for anything
- B) How to Use- apply thin layer to lips
- C) Ingredients- Beeswax, almond oil, sesame oil, oil of avocado, sunflower oil, olive oil, wheat germ oil, vitamin E, bee propolis, lecithin
- D) Why it Works so Well-
 - a) Beeswax- an emollient and thickener in many products, it is obtained from the honeycomb of the bee's hive.
 - b) Sweet Almond Oil- an emollient and nourishing natural oil, softening to the skin and hair. Widely used for massage and in natural skin care products. Extracted from almond nutmeats. Aids dry skin and used as a makeup remover, massage oil, or bath oil. Use sweet almond oil as a base for homemade herbal oils and skin care products; add to shampoo to aid dry hair.
 - c) Sesame Oil- a very light, unsaturated oil and one of the best natural sunscreens. A skin softener, it is said to absorb UV light.
 - d) Oil of Avocado-moisturizing
 - e) Sunflower Oil- wonderfully healing
 - f) Wheat Germ Oil- a vitamin-packed rescue for dry skin, especially for dryness resulting from exposure to harsh elements. Extracted from the heart of the wheat kernel. Nourishes and softens skin and makes it resilient, smoothes wrinkles and softens cuticles. Can be added to facial masks and bath oils to help heal dry skin.
 - g) Vitamin E- as an antioxidant, vitamin E oil protects skin cell from free radical damage. It can lessen scarring and speed healing .. when applied to a wound. Vitamin E oil also softens and lubricates .. the skin.
 - h) Bee Propolis- healing to open, slow-healing sores, with direct anti-bacterial activity. Inhibits microbe growth. Gathered by bees from trees to coat the opening of the hive for sterilization of all that enters. Good acne treatment.
 - i) Lecithin-found in egg yolks, corn, and soybeans, lecithin is a fatty powder. It is used in creams as a natural phospholipids emulsifier. Wonderfully emollient on the skin and an antioxidant.